1:Campbell E-5 (1954-1955)1964
EH14 Sarakatsani EH14
Zagori

593 596 888 about current problems but, as with the opinions of women and children, they are gently ignored. Yet even after a father's retirement a son continues to owe filial respect to him as long as this does not interfere with his full control of the extended [584] family's affairs. A father must give his consent to the arrangement of a daughter's or son's marriage if this is made after his retirement. And at the celebration of a wedding he always acts as the formal head of the family. Any exhibition of arrogance by a son who tries to deny his father the centre of the stage on this occasion is severely condemned. Vestiges of the relations of authority and respect, which previously bound father and son in the elementary family, always remain; but in his declining years an old man's relations with his son are more characteristically marked by their common concern for the grandchildren to whom the grandfather is devoted.

* * *

593 882 We must now retrace our steps to make some comment on the relation between mother and son after the boy has left school at the age of thirteen. It is noticeable that a boy during the last two years at school begins to resent his mother's acts of protective care and love. After he has left school this attempt to behave in a completely masculine manner becomes more evident. He no longer suffers his mother's caresses. If he returns from his herding duties cold and wet, he pointedly ignores the dry clothes which his solicitous mother puts ready for him. Particularly between the ages of thirteen and sixteen, he is given to outbursts of rudeness towards his mother and his sisters. By this abruptness to the women of his family he hopes to give a further demonstration of his growing manliness. Mothers are amused and also a little proud as they observe these antics of their young sons. They understand their feelings and approve of them.

593 844 [827] From the time that a son becomes fully adult his attitude towards his mother becomes less strained and there is a recognition of his deep attachment to her. When Sarakatsani talk about their mothers, they very often mention the original physical connexion; for this appears to them to be an important element in the moral solidarity between mother and son. One cannot abandon an old mother because 'she brought me into

1:Campbell E-5 (1954-1955)1964
EH14 Sarakatsani EH14
Zagori

the world' (μὲ ἔφερε στὸ κόσμο). With the physical connexion between mother and son, goes a recognition of the overwhelming pain of childbirth, and the passive courage which is necessary to resist it. Women work until the last moment. Some Sarakatsani tell how their mothers were out gathering herbs or firewood when the pains began. They point out the tree or stone that marks the place of their birth. They tell how the mother assisted by a companion, or in some cases entirely alone, having cut the cord and buried the afterbirth, then loaded up the new child and the bundle of firewood and returned to the hut.

The attachment of the son to his mother draws strength from his own childhood memories and from the accepted qualities any Sarakatsan mother is presumed to possess. There is the long suckling period. He remembers how his mother was always the provider of food and unconditional love; how she made a phylactery and secured it under his shirt to protect him from the attacks of the Devil. He remembers her distracted care for him in sickness and her divination to find the evil eye that was the cause of it.

The status of a mother of married sons is considerable in the extended family. I remarked earlier that the wife/mother plays an expressive role. What she expresses is the integrity and solidarity of the group. The brothers explain their attachment to one another with reference to the fact that they were born from the same mother. The mother acts as the diplomat and peacemaker between the dissident wives. Despite the ambivalence of attitude between mother and daughter-in-law, wives work amicably enough under the instructions of their husband's mother. They do not work amicably under the wife of the eldest brother and it is noticeable that extended families, where the mother of the brothers is dead, do not survive long. In such cases there is lacking a social personality that symbolizes and mediates the mutual attachment of the various elementary families within the extended group. Thus, married sons in an extended family come once more to respect their mother's authority in her own particular sphere as mistress of the extended household. The senior brother who is head of the household punctiliously consults her about all decisions that affect the family, whether they are strictly concerned with her

1:Campbell E-5 (1954-1955)1964
EH14 Sarakatsani EH14
Zagori

of Pistiolis provoked the criticism of other families. Women must never show emotion in public except where it is conventionally expected, as at a death. A married daughter meeting her father for the first time after a serious abdominal operation from which he had not been expected to recover, merely said in a matter of fact voice 'How are you, father?' A husband does not kiss his wife publicly even in farewell. Sarakatsan women must never shout in public to each other or their husbands as do the village women. In childbirth extreme fortitude is expected. The woman is given a blanket to bite so that she may not scream; and to guard against the possibility of outsiders hearing her groans the other women laugh and talk and, if necessary, beat tin cans. In general, any lack of self-restraint in conventional behaviour suggests that a woman may also be without self-control in respect to her sexual virtue.

There is no need to elaborate again the behaviour expected of a married woman in her roles within the family, qualities such as devotion, humility, and a readiness to co-operate with other women in the group. Physical strength and robustness, rather than fragile beauty, are the physical characters admired in a wife and mother. Without strength the woman is unlikely to survive for long the immense strain of her labours. Health is a question of deep concern for all Sarakatsani but especially for the married woman. To be sick is inexcusable, unless it is an illness that is easily diagnosed and rapidly curable.

As we have seen in an earlier chapter, the woman, especially the mother, expresses the moral solidarity of the family. Women become terrified when they see their men involved in a fight, moaning aloud in their anxiety and continually crossing themselves. But they are also quick to point the path of duty when men hesitate. The scorn of a wife, mother, or sister, is normally more than most men are able to tolerate. When a man has failed to act honourably a portion of the blame falls to the women of the family who are said to lack the courage to shame their men into the right course of action.

But it is in her family that the community chiefly judges the married woman. She must have sons, but one daughter is also desirable. Her own virtues and deficiences will appear in her children, and upon the manliness of her sons and the shame of

1:Campbell E-5 (1954-1955)1964
EH14 Sarakatsani EH14
Zagori

her daughters her reputation is dependent, just as the honour of the children is itself contingent on the sexual virtue of their mother.

The final stage of a woman's life is the period between the marriage of her eldest son and her death. She now gains a new freedom both from the authority of her husband, who retires about this time, and from the restrictions of social convention. She goes freely into shops to make small purchases for the family and may stop to pass the time of day with unrelated men she meets. With a young bride to do the heavy work about the hut she at last finds a respite from constant drudgery, and her sons treat her with a new-found respect as the mistress of the extended family. Such an old woman should have a kind heart and treat the wives of her sons with firmness but justice. She is their moral guide and practical adviser, to whom they turn in difficulty or doubt. At childbirth she is the midwife who delivers their children and gives them comfort and courage.

The reputation of an old woman is already formed on the basis of her behaviour in earlier life. If she has passed through her life without any questioning of her virtues, if she has sons who are manly, and if she has a kindly personality, the community probably approves of her. When she is above sixty years of age, or if her husband is dead, the sexuality of woman is considered to be spent and she is said to have a 'clean soul' (καθαρὴ ψυχή). Such a woman draws the water and kneads the bread which is taken to church at Easter. In these respects the prestige of some old women is considerable.

But old women are also feared. Knowledge of magic techniques and remedial procedures for the evil eye are attributed to them; and their curses are believed to be efficient *ex opere operato*. Where old women have a good name they use these skills in a socially approved manner to protect their families from spiritual dangers. But certain old women have a reputation for the evil and aggressive use of these powers. In these cases there are often allegations of dishonour in earlier life. A woman who surrenders to lust loses her soul to the Devil and remains his familiar. Envy is often the motive ascribed to her. Typically she is the woman accused of magically impairing a bridegroom's potency because he did not seek the hand of her own daughter. The attribution of envy often rests on valid

/139 cont./

593 Let us make clear, in addition, that the husband owes his wife
562 protection socially as well as economically.
594 Mutual affection is not excluded. It is sometimes even easily attained. Which is not to say that true psychological exchanges can be established between the spouses. (19)

[113] 19. The same principle was valid during classical antiquity and under the hegemony of Byzantium: see A. Delatte: Le cycéon /?/, passim.--Clément d'Alexandrie: Pédagogie, M.P.G. 2, 10, 3, 12.

As a matter of fact, the Sarakatsani consider it unworthy for the man to be content with the company of his wife, to discuss with her their common problems and to ask her opinion about them. The wife exists only [842] to work and bear children--to bear boys above all. When daughters are born, sadness reigns in the family. On the other hand, when a son comes into the world, his mother presents him with pride to the whole family.

842 Thus we come to a particularly interesting problem, that of descent.
[163] We have already said that the Sarakatsani are prolific.
[789] The study of magic will show us that practices of this order per-
[844] taining to childbirth would not be ranked among the most insignificant. It is certain that this problem is of fundamental importance among them.
[121] What we wish to bring out in this section is the social aspect of this problem in the life of our nomads.

848 Let us say, first of all, that what counts especially is the legitimacy of the descendants. The study of Sarakatsani customs is very revealing from this point of view.

It seems that the well-known rule of Roman law, which is followed in very many societies, that is pater est quem nuptiae demonstrant /the father is whoever the marriage bonds indicates/ has no validity here. Something /140/ more is required, as is apparent in a certain number of solemn and social acts having to do with the new household and the newborn child.

/249 cont./

842 53 262 585

Fig. 100

842 53 skirt, her bodice, her stockings and her knitted sleeves are bordered with geometric motifs, the predominant one being the cross. The central motif, as well as the secondary motifs surrounding it are variations of the same symbol (see figures 84-87). A/A The Sarakatsani call them indiscriminately "moons." These same "moons" are found on the wedding pastry [262] [585] prepared for the wife, but this time in the shape of a four-petal rose of spirals or interlaced lines in relief (see figure 100). The study of this cake will be the subject of a special paragraph.

844 602 /250/ A second point to be emphasized concerns childbirth practices. The mother-to-be, assisted by the women of the family (the men must absent themselves at this time), gets on her knees on the ground close to the hearth where a very bright fire is burning. When the child arrives the oldest of the assisting women puts her hand under the skirt of the mother (who does not undress) and receives the child. The placenta, when it has [783] come out, is removed by the aunt on the father's side, or secondarily by the aunt on the mother's side, and after having been fumigated with incense, is buried behind the hut in a corner where neither men nor impure animals may walk.

A/A /See p.119--Analyst/

/250 cont./

844 602 (114) animals may walk. According to Madame Hadjimichali, (3) the burial takes

3. Ibid., A.I. p. [illegible]; .--A statement that our own observations have not permitted us to confirm.

place under the very hearth of the hut. No glance, especially not a male one, must fall on the placenta at that moment.

764 A practice of parallel significance is found in death customs. The deceased is laid on the ground on a velentza until the moment of burial. (775) (262) And in order that his soul should find rest and forgiveness of men and God, "the cake of the dead," the kolyva is prepared on a plate from grains of wheat boiled in water. It represents the body and is likewise placed in the ground.

842 (789) (825) (128) Finally, we must mention again the viper head which the spouses wear as an amulet.

If we have presented all these practices without comment it is because we intend to discuss them all together.

842 821 823 825 831 372 What stands out first of all when we consider them is that the Sarakatsani appeal to the moon, the earth, the fire and the snake--personifying the forces whose common trait is their favorable influence on fertility. All four represent the source of life: the moon "living and inexhaustible in its own regeneration...and the source of universal fertility"; (4)

4. See M. Eliade: Traité, pp. 145, 148 and the bibliography. /?previously/ mentioned.

the earth, mother of all; (5) fire, symbolizing rejuvenation and immortality; (6)

5. See G. Samter: Geburt, p. 2 f., M. Eliade: Ibid., p. 223.

6. See H. Jeanmarie: Dionysos, p. 387.

the snake, image of the moon, which regenerates itself by shedding its skin, (7) and which resembles the phallus. (8)

7. G. Van der Leeuw: La religion, p. 67.

8. M. Eliade: Ibid., p. 152.

842 /250 cont./
821 By wearing them or coming in contact with them one benefits from their
823 virtues.
372
825

/251/ In practice all this is interpreted as follows: the decoration
531 of the skirt and the bride's cake serve as the lunar amulets. Giving birth
262 on the ground and in the posture in which the ancient goddess of birth
585 Eilithyia /Artemis/ is shown insures for the child the advantages which
844 come from contact with the earth. (9)
776

9. See B. Nyberg: Kind und Erde, p. 207 f.--Birth by proximity, according to M. Eliade: Ibid., p. 265.--Van der Leeuw: Ibid., p. 119.--Monolina Marconi: Riflessi mediterranei /Mediterranean reflections/, p. 254 f. p. 254 f.--Marie Delacourt: Stérilité, p. 31 f.

844 The placenta which has nourished the child until then returns to the earth
764 where a new life will rise again (10)

10. G. Van der Leeuw: Ibid., p. 45.

(the position of the deceased directly on the ground and his commemoration by means of the grain which is buried and comes to life again symbolize the same life cycle). (11)

11. J. Przyluski: La grande déesse, p. 124 f.--G. Van der Leeuw: Ibid., p. 87.--P.M. Schuhl: La formation de la pensée grecque, p. 211.

372 The healing, invigorating fire which makes mortals immortal and which is
844 born from two pieces of wood representing the two sexes, (12)
842

12. G. Van der Leeuw: Ibid., p. 49, also citing Ad. Kuhn: Die Herabkunft des Feuers und der /sic--should be: des/ Göttertranks, p. 64 f.

protects the mother who gives birth in front of it, as well as the newborn child. (13) Moreover, it encourages a new impregnation by the burial of the

13. W. Mannhardt: Antike Wald und Feldkulte, p. 503.

372 /251 cont./
844 placenta under the hearth. (14)
842

14. J. Przyluski: Ibid., p. 144.

842 And the head of the viper, with a polyvalent symbolism (lunar as well as
825 chthonian) exerts its influence in the same direction. (15)

15. M. Eliade: Ibid., p. 150, who also cites Frazer: The Folklore in the old Testament /cited in English/, Vol. I, p. 66 f.

842 It seems to us that to the mystery of fertility which is an the basis
171 of the mystery of life itself, the Sarakatsani reacts in the same way as all the peoples who for thousands of years have occupied the geographical area that extends from the Indies to the Italian Peninsula. In the practices enumerated above, the first cosmologies of humanity come to life. They have imbued all the civilizations of the Middle and Near East and infiltrated into Christian practices and into the folklore still alive in western Europe, as far as the more distant countries of Scandinavia and Ireland.

(829) Yet to pass from hypothesis to conviction is not easy, since the Sarakatsani, when speaking of their practices, content themselves, by way of explanation, with replies such as "it does a lot of good," "it is good for one's health," "it is our custom."

But thanks to numerous testimonies at our disposal, /252/ which cover the entire evolution of the various beliefs of the Hellenes from the Homeric epoch to our day, we believe we have the right to assert the validity of our argument.

During this period, which extends over 3000 years, we discover the same symbols involved for the same purposes. Used continuously by the Greeks, they have had an unchanging meaning throughout the ages, a meaning that has been fully demonstrated and that coincides with our foregoing assumption. (16)

/252 cont./

842 171 16. In support of our argument, we herewith present some of these testimonies classified according to subject:

842 171 821 I. The moon as a fertilizing force: a) Antiquity: J. Przyluski: Ibid., p. 134-315 and his citations.--Ch. Picard: Ephèse et Claros, pp. 368, 3710372.--E.O. James: La Déesse Mère, p. 167.--b) Byzantium: ΔΙΟΣΚΟΥΡΙΔΗΣ: Περὶ ὕλης ἰατρικῆς λόγος,

[789] 5, 141, saying that the women wore as an amulet the "selenite" stone /a variety of gypsum; named "stone of the moon in Greek because it was believed to wax and wane with the moon/.--c) Modern Greece: The bride among the Karagounides of Thessaly wears motifs called "moons" on her wedding dress (personal observation).

823 842 171 844 II. The earth and its forces on behalf of birth and the newborn child: a) Antiquity: The earth gives birth to all beings, nourishes them, then receives from them anew the fertile seed."--

ΠΛΟΥΤΑΡΧΟΥ: Περὶ ἄρρ. προσόψεως συλλογή,

28, B 18, where the dead are called "Demetreioe," that is, "belonging to Demeter," goddess of grains. Let us add that during the hierogamy symbolized in the Eleusinian mysteries, the hierophant gave the initiates a stalk of grain, J. Przyluski: Ibid., p. 87, P. M. Schuhl: Ibid., p. 211, symbol of rebirth.--Moreover, during antiquity, the birth and death of the grain

« ἄνοδος καὶ κατωγώγιον »,

represented "the eternal vicissitudes of existence," which begin and ends on and in the earth. G. Van der Leeuw: Ibid., p. 87.--Leto gave birth to her children Apollo and Artemis at Delos, kneeling on the ground.--b) Byzantium: The priests of the Orthodox Church follow the custom of pronouncing during a burial the passage from

/252 cont./

823 Genesis, Chapter 19 /actually chapter 3 verse 19/ "for dust
842 thou are, and into dust shalt thou return: (King James Version)
171 although according to Ν. ΠΟΛΙΤΗΣ : Λαογραφικά, T.B.-
844 p. 269, this quotation is not included in the service of the dead.--According to the physician: ΣΟΡΑΝΟΣ: Περί γυναικείων, p. 357, 12, the women also gave birth kneeling on the ground.--c) Modern Greece: The Karagounides women lay the newborn child on the ground. At Rhodes the same thing is done "so that the muscles of the little one and its body will be strong," Α. ΒΡΟΝΤΗΣ : Λαογραφικά Ρόδου, p. 568.

392 III. On the properties of fire: a) Antiquity: According to
171 the legends of Achilles and Demophon, Thetis and Demeter wished to make themselves immortal by passing through fire, H. Jeanmarie: Ibid., p. 387-6. According to ΠΑΟΥΣΑΝΙΟΥ : Αρκαδικά, 35, for Greece, and Virgil: Aeneid, vii, 71, for Rome, the power of fire was considered efficacious against evil influences. According to Przyluski: Ibid., p. 144, the custom of new fire at the beginning of the year represents the energy that reanimates nature after the mortal cold of winter. b) The same custom is to be found in Modern Greece: It is called "the marriage of fire," the fire that is lighted with two pieces of wood, the one "male," the other "female," on Christmas eve or New Year's day, in Thessaly, in Leukas (Greek island), Ν. ΠΑΣΣΑ : Λαογραφικά, p. 123-124 and elsewhere.--We shall speak farther on of the healing properties of fire in case of illness and otherwise. Let us but note the custom, in Macedonia and Throw, of lighting the healing fire by friction in imitation of the coming together of the sexes.

825 /253/ IV. On the snake: a) Antiquity: According to
171 ΑΡΙΣΤΟΤΕΛΟΥΣ : Ιστορία ζώων, ΙΙ, 12
[821] and Pliny: Natural History XI, 28, the snake is a representation
[831] of the moon since it appears and disappears. It also has the

/254 cont./

In the case of our herders this syncretism takes concrete form in practices such as the fumigation of the placenta with incense so that evil spirits will not attack it (Judeo-Christian belief), or the period of forty days during which the head of the viper must remain in a church before being worn as an amulet, that is to say, during the period necessary for the celebration of forty services.

That is not all. Originally present in the rites that we have enumerated, the Mother-Goddess has become "deprived of all that made her unique" in the past; she is "de-individualized," according to the apt expression of R. Bastide, to become a force symbolized in acts and operating as such on other forces. (20)

20. See R. Bastide: Ibid., p. 18, where the author, in connection with Greco-Roman magic, treats the question of the de-individualization of gods by magic. Farther on, on p. 296, will be found supplementary observations on this evolution.

Thus, by way of conclusion, /let us say that/ in order to promote fertility, the Sarakatsani appeal to forces related to the belief in the Mother-Goddess. But the presence of the latter in the corresponding ritual is only discernible if one goes back to very remote times, for some of these avatars survive in the symbolism of various practices and the effectiveness of the latter derives from them; over time, some of these practices have taken on a Christian coloring.

In the pages that follow we shall again find these same ideas incorporated in other facets of Sarakatsani magic. For the moment we have yet to describe the practices which promote fertility indirectly.

There are, first of all, some observances concerning the day of conception. If the festivities of the wedding (which sometimes last several days) end on Monday evening, the women of the family keep the bride close by so that her husband will not touch her, since this night forms part of

/270 cont./

776 must then dipose them favorably toward her child. In order to do this
779 she places near it a cup full of sweets and honey, offering it at one
[782] and the same time to the fairies and so that "fate in store for it may
be sweet"... a procedure with a double efficacy. According to the report
[789] of Madame Hadjimichali, the Sarakatsani the next day look for a black
dot on the nose of the child; its position reveals the verdict of the
moires. Placed near the forehead, it foretells a happy fate; near the
base of the nose it is a sign of ill fortune. (59)

59. Ibid., D.I., p. [illegible]

776 The last category of supernatural beings which threaten men are the
[538] ogres, fabulous personages, heroes of numerous tales especially meant
for children and told in front of the fire during the long winter
evenings. (60)

60. Carsten Hoeg: Ibid., A. p. 50 f., presents a
regular collection of stories of ogres.

We shall not dwell further on these legends which require literary analysis.

751 The magic rites that protect against illness aim more at prevention
789 than cure. By enriching the body's potential one avoids "evils." The
[753] idea that the Sarakatsani form about the latter is rather confusing, super-
natural attack and disease or physiological disorder being very often
identified in their thinking. Hence magical intervention must be exerted
in connection with particular circumstances in the lives of men and animals--
circumstances of "transition" according to the current terminology--
without detriment to other interventions on various occasions.

844 The moment the child comes into the world its lips are smeared with
751 some drops of blood from the woman who has borne it. If it is born with
784 a caul, the membrane that covers its face is carefully removed by being
822 drawn toward the chin and not toward the forehead, in order to avoid
845 strabismus. The membrane then serves as an amulet. In order to stop the
[753] bleeding of the umbilical cord they put on the bleeding end the ashes of a
burned bit of the father's cloak.

/270 cont./

000 751 789 [237] burned bit of the father's cloak. The first excrements of the newborn child are kept and transformed into an amulet. An amulet meant always to protect the child is made from the excrements of a dog.

[825] All these measures put the child in contact with the mysterious forces that dwell in the body of the mother and the father and that have given it life, or with the warding-off properties of the dog /271/ (a being capable of forcing back the evil spirits) (61).

[191] 61. The beliefs pertaining to the caul and the dog also existed in the Byzantine epoch. See Ἰω. ΤΖΕΤΖΗ : Σχόλια ... vers 58 et 77.

--Moreover, everthing dealing with the woman in childbirth, her excrements, her clothing, transmit vitality. The physician ΑΛΕΞΑΝΔΡΟΣ ὁ ΤΡΑΛΛΕΙΩΝ I, 437, says that sick people gave their shirts to a parturient to wear; after her confinement they got them back and put them on again in order to be restored to health. On blood, the source of life, see

Ἰωάννου τοῦ Νηστευτοῦ : Ἀποκοπὴ καὶ Τάξις διὰ τὸν ἅγιον. M. P. G. 88.

[392] The regenerative fire represented by the ashes also must not be forgotten though the role of the latter is not limited to this.

844 574 789 [822] In general, visits to the woman in childbirth and to the child are forbidden. Those who enter may bring evil spirits with them. That is why one hangs on the door of the hut a tuft of red wool--this color having warding-off properties; (62)

[302] [191] 62. Van der Leeuw: Ibid., p. 203. Colors are treated as powers ...Red, for example, is the only color everywhere used to paint the body (Grosse: Die Aufange /sic/ /should read: Anfange/ der Kunst, 58 f.). In popular beliefs red is a color that protects against evils and the evil eye:

Ἰωάννου τοῦ Στ. ΚΥΡΙΑΚΙΔΟΥ : Ὁ Ἰωάννης Χρυσόστομος ὡς Λαογράφος, p. 604. — Ἰω. ΧΡΥΣΟΣΤΟΜΟΣ Μ. P. G. 61, 104 et sequent. — Ν. ΠΟΛΙΤΗΣ : Ibid., p. 280 et suiv. — Ε. ΣΑΡΑΝΤΗΣ : Τὰ φυτὰ τῆς Θράκης, p. 39-40, etc.

844 574 789 (783) /271 cont./ likewise, burning charcoal is placed upon the threshold and, from time to time, grains of incense are tossed upon it. All who enter are subjected to purifying fumigation. The same desire to keep away "evils," causes /the Sarakatsani/ to throw into the hearth an old shoe or a piece of coarsely woven wool which give off malodorous fumes.

846 783 789 (788) (842) Forty days after the birth, mother and child, soiled by the childbirth, must submit to purification. The hut is thoroughly cleaned, the mother and child carefully bathed. Then both betake themselves to the nearest Church where the priest, in accordance with the Orthodox rite, blesses them (in commemoration of the presentation of the Lord to the temple, according to old Hebraic customs which recall the universal taboos of birth). A boy accompanies them so that other boys will be born into the family.

751 789 (527) The health of boys is likewise ensured by another method. On Easter Sunday at dawn each head of a family kills the paschal lamb which will then be roasted on the spit. The moment the blood runs, he wets his fingers with it and draws a cross on the forehead of boys "so that they do not become anemic." (63)

63. According to the explanation of Madame Hadjimichali: Ibid., A.I. ρμ3'.

(237) The amulets, too, afford a protection against evils, and that in a lasting fashion. We have given some particulars concerning their composition, which varies/272/ greatly and constitues a veritable breviary of all the Sarakatsani magic beliefs. On an amulet necklace worn by a child (see figure 101) we found: a miniature of the Gospel which is sold at all the village fairs; a blue ball on which was fastened a small cross; a cross of mastic; a small bag filled with /Figure 101 appears here/ salt and incense; a medal struck with the image of the Virgin; a coin; a bag containing a wing bone of a bat; a ball of amber; a cowrie /porcelain/ (shell of Venus); finally, the weight from a fairy's spindle, carved in gabbro.

/288 cont./

121 others--an assumption that is both ontological and operational.
789
153 A governing idea comes to light behind these postulates and serves as their foundation: a desired result can be obtained if man, the livestock and their lives are brought into relationship with an appropriate agent--the source of a favorable influence. The magic operation thus involves two components that are placed in association.

Which leads to a new question: How is this association brought about? Two more postulates furnish the solution:

1. Contact. The components of the magic action are placed either in direct contact or in mediated contact. In the second instance one of the elements of the action--and at that moment it is a matter of a cosmic force or a qualitative reality, hence arbitrary--is represented by a symbol or a sign serving as mediator.

It is interesting to note that often an object is chosen as a symbol which itself has a relationship, obviously assumed, with the force it represents, so that the latter will have transmitted to that object some of its properties. Thus the symbol in question has a double efficacy. It becomes a means of contact both indirect (as a symbol) and direct (because of the properties which have been transmitted to it.) That is the
826 case, for example, with the blood of the woman in childbirth on the lips of
844 the child, it symbolizes the creative forces and at the same time has properties of its own since it has already been in contact with the creative forces. In this case we may speak of a mixed contact.

/289/ 2. Representation. The association is sometimes brought about by simple representation. Instead of being brought about materially, the contact is represented. This is the equivalent if not the corollary of the postulate of the representation of situations, but the two things must not be confused. In the postulate, the representation produces the final effect. When the representation is a means of association, the contact is simply imitated without going further.

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fixing of the tuft of red wool on the door of the child-bearing woman announces that a legitimate birth has taken place in the family. When the wife carries out the /323/ rites of prosperity which are entrusted to her, her new role as mistress of the house and her status as wife are publically acknowledged. The right of the aunt on the paternal side to bury the placenta, testifying to the arrangement of tasks in a hierarchy, means that there is here likewise a hierarchical arrangement of prestige and, consequently, or persons. And when the elder son breaks on his head the bread commemorating his father (an act both magical and religious, of which we shall take note in the following chapter), his attendants recognize him as the successor to the deceased.

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All these examples, except the burial of the placenta, deal with socially new situations (birth, creation of a new family, succession to paternal authority) which, as such, might be questioned. The child could be illegitimate, the marriage not in order, the succession usurped. In studying the Sarakatsani family, kinship and the functions performed by the latter, we have become convinced that out herders place extreme importance on relations dealing with the family bond. All the actions connected with it aim to rule out any possibility of disagreements which would permit the incorrect application of the rules of family life. Now, it seems to us that the performance of the rites which, basically, are rites of passage dealing with the status of persons, is also directed toward the same end. No one is authorized to practice a rite or to benefit from it if his status, which authorizes it, is not confirmed beforehand. And if the group accepts the performance of the rite by or for this person, it is because it recognizes it the same time the legitimacey of the act and its context. This approval rules out any tension, any explosive situation, such as would occur if, in our examples, the child were illegitimate, the marriage irregular, the succession usurped. In these hypothetical instances, respectively, the conjugal family would split up; the extended

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782 77 Be that as it may, these practices presupposing the sacrifice or based on it, reflect beliefs prior to Christianity. They have [779] therefore originated from a process of acculturation, similar to that which we have described in the context of practices of the first category so that we need not go over these again.

771 171 178 Nevertheless, it should not be believed that this is a phenomenon peculiar to the Sarakatsani. Existing studies pertaining to cultural substrata of the Hellenic people show that what is commonly called "folk religion" includes practices and ideas such as those that have just been analyzed. Nearly everywhere folk religion and, in certain cases, even the official church have incorporated what previously existed. However, among the Sarakatsani survivals are more evident, their meaning is clearer and their significance in the social life of our herders is more pronounced.

/335/ FUNERAL CUSTOMS

761 Toward death the Sarakatsani adopt an attitude full of courage and philosophy. They know that death is an inevitable phenomenon that one must face with dignity.

[844] 538 The old women prepare a bag containing the clothing and shroud in which they will be wrapped. The women about to give birth do the same; they know that childbirth may endanger their lives. According to Madame Hadjimichali, the Sarakatsani have an adage, "death follows us everywhere, perched behind our ears." (1)

1. Ibid., A.I., ;.

This certainly does not mean that they are indifferent to death; on the contrary. They are interested in it to such an extent that they envelop death with a layer of manifestations and acts the content of which is based on their organization and their social life, as well as the totality of their anthropological and religious ideas.